



Bee Helper



DESCRIPTION

Help keep bees buzzing around by planting some of their favorite flowers, fruits, and veggies. You can make your impact as BIG or as SMALL as you would like! Bees are a huge part of our ecosystem and keeping the balance between humans, animals, plants, and insects.

WHAT YOU NEED

- Flower plant, fruit, vegetable, or flower seeds (some bee favorites are sweet alyssum, snapdragons, mint, sunflowers, and lavender)
- Sunny patch of yard outside or flowerpots
- Gardening tools, potting soil (for flowerpots)

REFLECTION AFTERWARDS

- Why is it important to make sure every person, animal, insect, and plant in our ecosystem are happy and healthy?
- If one of these living organisms were to go extinct, what effects might that have on you?

RESOURCES

- **Where Have ALL the Bees Gone?**
By Rebecca E. Hirsch
<https://www.amazon.com/Where-Have-All-Bees-Gone/dp/1541534638>
- **UnBEElievables: Honeybee Poems and Paintings** by Douglas Florian
<https://www.goodreads.com/en/book/show/13159178-unbelievables>
- **Check out this awesome video about bees:**
<https://www.youtube.com/watch?v=c963NhkfNY0>

PLAN

1. Choose a spot in the yard or fill your flowerpot with potting soil.
2. Using your gardening tools, dig a hole deep enough for the seeds, or for the plant roots to grow.
3. Place seeds or plant in hole and cover the seeds or roots with soil. Gently pat down the soil around the plant, but careful not to pack down too tightly.
4. Water your plant immediately. Just a small amount of water is needed and water every few days, or whenever soil is dry.
5. Share a photo of your little gardener on Facebook and tag @SmileWorksPediatricDentistry or post on our "Smile Works Pediatric Dentistry" Facebook page so we can see their hard work!



Source:

"Be Fearless Be Kind," Nature. Hasbro, 2018. Hasbro.com.

<https://www.hasbro.com/common/documents/7751EB3039E24EF2BC164FF0CDC1A268/B63D9D2598CA43CAB4CD39F9521EE64F.pdf>